

PEER MENTORING



ABILITY360

ADVOCACY | INDEPENDENCE | EQUALITY



WANT TO BE A PEER MENTOR?

PEER MENTORS

- Have a disability or are close to someone who does
- Successfully achieved independent living
- Assist others to achieve their own independent living goals
- Listen and provide support
- Take part in solving problems that all people with disabilities have in common
- Share their knowledge of community resources

MENTOR OPPORTUNITIES

- One-to-one contact
- Outreach to people at rehabilitation centers and nursing homes
- Advocacy for individuals and community
- Participation in group mentoring and disability awareness presentations

PEER MENTOR VOLUNTEER QUALIFICATIONS & TRAINING

Ability360 Peer Mentor Volunteers must complete an application and provide three character references. All volunteers must successfully complete a fingerprint and background check. Peer Mentor Volunteers must attend the Ability360 Peer Mentor Training Class.

TO REQUEST A PEER MENTOR APPLICATION

Call 602/296.0533

Apply online www.ability360.org

WANT TO MEET WITH A PEER MENTOR?

If you think you or a family member could benefit from the experience of having a mentor, please contact us.

MENTEE REQUIREMENTS

- You must be 18 years or older
- You must have a disability
- You will need to apply for Ability360 services

TO REQUEST A MENTOR

Call 602/296.0530

Apply online www.ability360.org

Mentoring: Listening, Sharing, Making a Difference



ABOUT ABILITY360...

Ability360 is a non-profit 501(c)(3) organization and the largest Center for Independent Living in Arizona.

Since 1981, Ability360 has offered a wide variety of empowering programs, including: Advocacy; Information & Referral; Independent Living Skills; Peer Support; Home Care Services; Employment; Home Modification; Early Intervention; Reintegration; and Sports, Fitness & Recreation.

OUR MISSION

Ability360 offers and promotes programs designed to empower people with disabilities to take personal responsibility so that they may achieve or continue independent lifestyles within the community.

ABILITY360 CENTER

Ability360 and Ability360 Sports & Fitness Center are co-located with 11 other disability services organizations on the Ability360 Center campus at 50th St. and Washington in Phoenix.

ABILITY360 LOCATIONS

MAIN OFFICE

Ability360 Center
5025 E. Washington St., Ste. 200
Phoenix, AZ 85034
Office (602)256.2245

Sports & Fitness Center (602)386.4566
Employment Services (602)443.0701
Benefits 2 Work (602)443.0720
Advocacy (602)443.0738

CENTRAL OFFICE

1229 E. Washington St.
Phoenix, AZ 85034
Office (602)296.0551

MESA OFFICE

2150 S. Country Club, #10
Mesa, AZ 85210
Office (480)655.9750

GLENDALE OFFICE

6829 N. 57th Ave.
Glendale, AZ 85301
Office (602)424.4100

PINAL-GILA COUNTY OFFICE

1419 N. Arizona Blvd.
Coolidge, AZ 85128
Office (520)316.4300

PIMA COUNTY OFFICE

1001 N. Alvernon Way
Tucson, AZ. 85711
Office (520)561.8861

TOLL FREE 800/280.2245

AZ RELAY 7-1-1

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ABILITY360.ORG



All Ability360 locations are fragrance-free, tobacco-free environments. Please do not wear scented products or smoke when visiting any of our offices, programs or events.

Alternate format materials available upon request.