



## NEWS RELEASE

FOR IMMEDIATE RELEASE

### **Ability360 Charity Golf Tournament Kicks Off 5<sup>TH</sup> Anniversary for Nationally Acclaimed Ability360 Sports & Fitness Center**

**PHOENIX, Ariz. (June 1, 2016):** Ability360 Sports & Fitness Center will kick off its 5<sup>th</sup> anniversary celebration with the 360 Charity Golf Tournament – a best-ball tournament with a twist – with an 8 a.m. shotgun start on Friday, Sept. 23 at the Longbow Golf Club, 5601 E. Longbow Parkway in Mesa.

Proceeds will benefit the nonprofit Ability360 Sports & Fitness Center.

**The twist:** each foursome will include a member of the Ability360 staff, both disabled and able-bodied, to talk about the importance and value of inclusion in sports and Ability360's role in providing resources and expertise to help achieve health and fitness goals. Several members of the Ability360 staff are avid and regular golfers who have adapted their disabilities to be able to play the game.

The \$200 cost per golfer for the 360 Charity Golf tournament includes greens fees, golf cart, range balls, tee gifts and a post event reception, which will include a helicopter ball drop for first, second and third place prizes. Event and hole sponsorship opportunities are currently available.

Register at [www.360golftournament.org](http://www.360golftournament.org) or by contacting Meghan Fable, Director of Development, at [MeghanF@ability360.org](mailto:MeghanF@ability360.org).

The Ability360 Sports & Fitness Center is a fully adaptive 45,000-square-foot, state-of-the-art facility offering a range of equipment, opportunities and professional trainers and staff for both able-bodied and disabled men, women and children. The facility includes wheelchair accessible weight machines, an aquatic area equipped with lifts and elevators, accessible locker rooms, and more.

The facility is the only one of its kind in the Western United States and one of only two in the nation.

Longbow Golf Club is proud to be a host facility for The First Tee of Phoenix, Youth on Course, the Fisher Bryan Golf Academy, Golf Fest the largest golf equipment and innovation show in Arizona, the LPGA Symetra Tour Gateway Classic at Longbow Golf Club, USGA events, the Arizona Junior Challenge and Winn Grips AJGA Heather Farr Classic, the NCAA Notre Dame University Women's Golf Clover Cup Invitational, numerous NJCAA Men's and Women's Golf Championships and Gateway All American and Cactus Tour events, among others. Longbow

Golf Club is consistently ranked among the top courses by local, state and national publications, golf writers and course raters.

**Contacts:**

- Loren Worthington, Ability360, [\(602\) 386-4278](tel:6023864278)
- Steve Carr, The Kur Carr Group, Inc., [\(602\) 317-3040](tel:6023173040)

**ABOUT ABILITY360**

**Ability360**, formerly Arizona Bridge to Independent Living (ABIL), continues a 35-year tradition of empowering programs for people with all disabilities. **Ability360** offers and promotes programs to empower people with disabilities to take personal responsibility so that they may achieve or continue independent lifestyles within the community. The independent living philosophy states that people with disabilities should have the same civil rights, options, and control over choices in their own lives as do people without disabilities. **Ability360** is located at 5025 E. Washington St. Ste. 200, Phoenix, AZ 85034, [www.ability360.org](http://www.ability360.org), [602-256-2245](tel:6022562245).

**ABOUT THE ABILITY360 SPORTS & FITNESS CENTER:** The **Ability360** Sports and Fitness Center is a 45,000-square foot, state-of-the-art facility located in Phoenix, Arizona. Owned and operated by **Ability360**, the Sports & Fitness Center offers a wide variety of amenities to help you achieve your health and fitness goals including a fitness center with wheelchair accessible weight machines, an aquatic area equipped with lifts and elevators, accessible locker rooms, and more.