

# PATH TO EMPOWERMENT

TRANSITION SERVICES SUPPORT PROGRAM



ABILITY360

## Who is eligible for this program?

Youth and adults with a Spinal Cord Injury that have received services in a rehabilitation setting or clinic in the last 24 months and are in need of transitional services.

*In support by the National Council of Independent Living*

The Path to Empowerment Transition Services Support Program is quite diverse as Ability360 plans to incorporate many facets of our continuum of services.

## Transition from Rehabilitation to Community (Sports & Fitness Center):

The Sports & Fitness Center will support individuals with SCI transitioning from rehabilitation or hospital settings to the community. This program will help transitioning consumers learn how to safely stay active and reduce the chances of secondary conditions and re-entry into the hospital or rehab setting. Funds will scholarship membership costs, Dial-A-Ride or Valley Metro transportation vouchers; Initial, mid-year and end-of-year assessments; fitness orientations and two personal training sessions.

### **Sports & Fitness Center contact:**

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