We are both very excited to bring you the 2011 annual report. This was a milestone year for ABIL, as it marked the 30th anniversary of the organization. To be sure, ABIL’s 30th year of serving people with disabilities throughout the Valley of the Sun was no disappointment. To prove it, we will share throughout this report and below some of the many accomplishments that ABIL had during 2011.

But first, we would like to thank all of the individuals who donated to either the Friends of ABIL annual fund or the Sports & Fitness Center capital campaign. We are so appreciative of your generous support and hope you will continue to support the important work of ABIL in the future. We also want to thank our many generous corporate supporters. We could not be successful without you!

Now for some of those notable accomplishments:

› After more than five years of planning and one and a half years of construction, ABIL completed and opened the Virginia G. Piper Sports & Fitness Center for Persons with Disabilities (SpoFit).

› ABIL Employment Services (AES) screened, counseled or interviewed 599 individuals for employment services in 2011. On average, 50 to 60 SSA beneficiaries were employed either full or part time through the SSA Ticket program.

› ABIL’s Work Incentives Planning and Assistance (WIPA) program served 2,562 beneficiaries, with 1,250 receiving long-term support services for beneficiaries who were employed. The program also provided 76 Work Incentives trainings to 728 participants, and 18 Work Incentives Seminars Events (WISE) to 335 participants.

› For the second year, ABIL hosted a VITA site in partnership with the Internal Revenue Service and the City of Phoenix. ABIL volunteers completed 159 tax returns, with a total of 360 volunteer hours contributed.

› ABIL and its DEC partners hosted the 2nd annual Health & Wellness Fair. Despite the cold and rainy weather, approximately 500 people attended, with 80 vendors participating.

› More accomplishments and program highlights are shared throughout this annual report.

These are just a few of ABIL’s tremendous achievements in 2011, making ABIL’s 30th anniversary year a milestone for ABIL and successful as ever! This success would not be possible without the enormous effort and dedication of ABIL Staff. On behalf of the Board of Directors and Staff, we hope this annual report gives you a glimpse of the impact that ABIL has made on the many lives of people with disabilities in our community. Our 30-year legacy will continue to thrive with your support and generosity.

As always, the success of our programs reflects a commitment to the independent living philosophy of self-advocacy, peer support and consumer control. We think you will agree that ABIL’s programs truly empower people with disabilities to live productive, successful and self-determined lives.

Sincerely,

Phil Pangrazio
President & CEO

Randall M. Howe
Board Chair
After seventeen months of construction, three years after the opening of the Disability Empowerment Center and nearly ten years after the dream was born, the Virginia G. Piper Sports & Fitness Center for Persons with Disabilities, or the SpoFit as it is called, opened its doors on October 31, 2011. It was fitting that this monumental occasion occurred during the 30th Anniversary year of ABIL. After a rich history of empowering people with disabilities, ABIL enhanced its services to include a “gym” that truly meets the needs of people with disabilities and provides equal opportunity for participation.

The SpoFit is a unique addition to the disability services campus. The DEC and SpoFit are the only co-located, universally-designed facilities of their kind in the United States, providing people with disabilities the services they need from twelve disability-related organizations and the opportunity to take independent living services to the next level at the sports, fitness and aquatic facility.

The SpoFit is home to the Phoenix Fusion wheelchair rugby team, whose roster includes numerous gold-medal Paralympians, and the Banner Phoenix Wheelchair Suns and Banner Phoenix Wheelchair Mercury basketball teams. In addition to team practices, the SpoFit has hosted various clinics, such as a sit volleyball clinic and a Warrior Camp for United States Marine veterans. Members can take advantage of group fitness classes such as sit yoga, zumba dance, and fencing, as well as educational nutrition and fitness classes, such as flexibility and weight training basics. The facility offers health and fitness opportunities for both young and old, individual and team, and beginning and practicing athletes and fitness enthusiasts. The center is staffed by experienced individuals who are knowledgeable in disability and adaptive recreation programs.

This facility would not have been possible without the generous support from our dedicated partners who shared ABIL’s passion and vision. We are truly grateful for our capital campaign donors that helped build this strong foundation, and to all of our partners that championed this project and whose continued support and collaboration will keep the heart of this facility beating strong.
The ABIL Personal Assistance Services (PAS) program continues to be one of the most successful non-medical in-home care services in the United States. The PAS program serves seniors and persons with disabilities under contract with Arizona Long Term Care System (ALTC) and persons with developmental disabilities through Arizona Department of Economic Security, Division of Developmental Disabilities (DDS). In 2011, ABIL’s PAS program employed 1,913 personal care attendants throughout Maricopa County and served 1,780 consumers.

The PAS program offers a variety of personal care, housekeeping and respite care services. These services may include assistance with bathing, showering, toileting, dressing, transfers, bed positioning, medication reminders, light exercise, meal preparation, light housekeeping, laundry, changing linens, grocery shopping, errands and accompanying to appointments.

2011 was marked by some exciting developments for ABIL’s PAS program. The program was expanded to Pinal and Pima Counties. In Pinal County, ABIL partnered with the Pinal-Gila Council for Senior Citizens and entered into a contract with Bridgeway Health Solutions, the ALTC contractors managed care organization, to offer PAS services to approximately 350 consumers. In Pima County, ABIL is partnering with DIRECT Center for Independent Living in Tucson to develop a PAS program. ABIL has secured contracts with Mercy Care and Evercare, the ALTC contractors in Pima County, to offer PAS. The PAS programs in both Pinal & Pima Counties started on October 1st, 2011.

The PAS program at ABIL has a long and rich history dating back to the mid 1980’s. The service has meant so much to those we serve and improved the quality of life for tens of thousands of seniors and people with disabilities in Arizona. It has allowed our consumers the dignity and respect to live as independently as possible in their own homes and communities...to live, work, recreate and participate as they choose.

The ABIL program would not be successful without our nearly 2,000 dedicated caregivers and personal assistants. Their willingness to “go above and beyond” to provide the highest quality of care is a common thread found throughout the PAS program. Honesty, reliability, flexibility, and a caring heart are all attributes that describe the typical worker in this great program!
1,804
PEER MENTORS CONTRIBUTED 1,804 HOURS OF ONE-ON-ONE AND GROUP MENTORING AND ADVOCACY TO PERSONS WITH A VARIETY OF DISABILITIES.

24
THE REINTEGRATION PROGRAM ASSISTED 24 CONSUMERS IN LEAVING NURSING HOMES.

749
OUR ADVOCACY SPECIALIST SERVED 749 CONSUMERS SEEKING ADVOCACY ASSISTANCE.

851
THE SOCIALIZATION THROUGH RECREATION PROGRAM SERVED 851 CONSUMERS.

269
ABIL’S HOME MODIFICATION PROGRAM COMPLETED 269 HOME ACCESSIBILITY MODIFICATIONS.

A LEGACY OF Independence

Empowerment

For 30 years, ABIL’s programs have empowered people to live independently, whether at home, at work or within the community. Our programs and services assist people with disabilities by providing the skills and resources they need to pursue employment, community and civic involvement, education, positive peer relationships, health and fitness opportunities and so much more.
### REVENUE BY SOURCE

<table>
<thead>
<tr>
<th>Source</th>
<th>Revenue ($)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Restricted Contribution - The Virginia G. Piper Sports &amp; Fitness Center</td>
<td>$1,571,173</td>
</tr>
<tr>
<td>U.S. Department of Education – Title VII Part C with ARRA</td>
<td>$355,811</td>
</tr>
<tr>
<td>Home Modifications – Community Development Block Grants (CDBG)</td>
<td>$332,191</td>
</tr>
<tr>
<td>Home Modifications – AHCCCS / ALTCS Long Term Care Plans</td>
<td>$790,929</td>
</tr>
<tr>
<td>Valley of the Sun United Way (VSUW)</td>
<td>$103,957</td>
</tr>
<tr>
<td>Personal Assistance Services – AHCCCS / ALTCS Program Contracts</td>
<td>$28,991,356</td>
</tr>
<tr>
<td>U.S. Department of Education – Title VI Part C with ARRA</td>
<td>$355,811</td>
</tr>
<tr>
<td>Home Modifications – AHCCCS / ALTCS Long Term Care Plans</td>
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</tr>
<tr>
<td>Personal Assistance Services – AHCCCS / ALTCS Program Contracts</td>
<td>$28,991,356</td>
</tr>
<tr>
<td>Social Security Administration – Work Incentives Planning-WIPA &amp; BOND</td>
<td>$404,385</td>
</tr>
<tr>
<td>Social Security Administration – Ticket to Work</td>
<td>$177,447</td>
</tr>
<tr>
<td>TANF</td>
<td>$99,090</td>
</tr>
<tr>
<td>All Other</td>
<td>$1,481,373</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>$34,942,182</strong></td>
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</table>

### EXPENDITURES BY PROGRAM

<table>
<thead>
<tr>
<th>Program</th>
<th>Expenditure (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advocacy</td>
<td>0.90</td>
</tr>
<tr>
<td>Information &amp; Referral</td>
<td>0.33</td>
</tr>
<tr>
<td>Peer Support / Early Intervention</td>
<td>1.30</td>
</tr>
<tr>
<td>Independent Living Skills</td>
<td>0.53</td>
</tr>
<tr>
<td>Home Modifications</td>
<td>3.44</td>
</tr>
<tr>
<td>Socialization Through Recreation</td>
<td>0.16</td>
</tr>
<tr>
<td>Ticket to Work Employment Services</td>
<td>1.34</td>
</tr>
<tr>
<td>TANF</td>
<td>0.25</td>
</tr>
<tr>
<td>Social Security Work Incentives Planning &amp; Assistance</td>
<td>1.76</td>
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<tr>
<td>Personal Assistance Services</td>
<td>87.57</td>
</tr>
<tr>
<td>This is My Life / Self-Determination</td>
<td>0.33</td>
</tr>
<tr>
<td>All Other</td>
<td>2.09</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>100 %</strong></td>
</tr>
</tbody>
</table>

### ANNUAL GIVING

- Aguime, Alvin
- Ahrentzen, Sherry
- *Arnold, Charles L.
- *Arnold, Edward & Lorettta
- *Attenborough, Vivian M.
- Benz, Stephen & Wendy
- Berg, Sara L.
- Brooks, Paul
- Brown, Shelby J.
- Campbell, Thomas
- Carlos, Philip
- Collier, Glen
- Cooper, Natalie A.
- Dennis, Tod
- Dent, Marta L.
- Diaz, Noraëlaine
- Dickinson, Nancy B.
- Driscoll, Vincent D.
- Emminger, John & Connie
- Fore, Penny
- *Gernich, Patricia
- Gerstner, Jean
- Gordon, Jeffrey A.
- Haney, Marialice
- Heine, Deadra
- Merser, Kristen
- Mitzel, Regina
- Music, Mirthea
- *O'Donnell, Darolyn
- Osborn, Brent & Julie
- *Packman, David J.
- Perlman, Joshua
- Petersen, Lynette G.
- Powell, Amanda R.
- *Raddatz, Jerri
- Rollins, Michael
- Sahil, Norman
- Schimmel, Kim
- Schwabacher, John H. & Trisha
- Silva, James
- *Slaughter, Mary
- Smith, Steve
- *Snipes, Tom & Charlene
- Stetson, Patricia
- Sturges, Virginia A.
- Sullivan, Diane
- Tail, Steven
- Thomas, Charles M.
- Tinningham, Anne
- Verne, Stacy A.
- Whitaker, Mary A.
- Whittlow, Barbara J.
- Wong, Cindy

### IN-KIND SUPPORT

- Atwood, Sharon
- Becker, Edward
- DiGuiseppe, Samuel
- Eick, Paula
- Gonzales, Linda
- Gore, Shane
- Halgren, Jon & Karen
- Hirschi, Joanne
- McGinnis, Sami
- Nett, John
- Ramirez, Alexis
- Smith, Steve
- Thurwanger, Joseph
- Wyckoff, Philip & Gloria

*IN MEMORY OF BILL SCOTT*
A LEGACY OF Service

It is difficult for me to adequately express how much our volunteers do, and how much they mean to the programs at ABIL. Most of this is done quietly and behind the scenes, without the desire or expectation of recognition. In fact, I often hear from people that they volunteer just because they want to help others on their journey to independence, give back, and make it easier for another person with a disability.

I am amazed at all the work that has been done this year, and the support and assistance we have received from our Peer Mentors and Volunteers. In total, Peer Mentors and Volunteers donated over 6,000 hours to ABIL. The impact on ABIL and those we serve is truly immeasurable.

Thank you to our volunteers for believing in Independent Living, caring about our consumers, and supporting the programs at ABIL. Thank you for sharing your time and talents with us!

April Reed, Volunteer Manager

ABIL VOLUNTEERS


In memoriam: Jane Adams, Kerry Johnson, Tony Trujillo

6,000 PEER MENTORS, GENERAL VOLUNTEERS AND INTERNS CONTRIBUTED OVER 6,000 HOURS OF SERVICE THROUGH ABIL.
ARIZONA BRIDGE TO INDEPENDENT LIVING
EMPOWERING PEOPLE WITH DISABILITIES SINCE 1981

ABIL – MAIN OFFICE
5025 E. Washington St., Suite 200
Phoenix, AZ 85034
602-256-2245 (v)
AZ Relay Service 7-1-1
1-800-280-2245 (toll-free)
602-254-6407 (FAX)

Email: azbridge@abil.org
Website: www.abil.org
Facebook: facebook.com/ArizonaBridgeToIndependentLiving
Twitter: twitter.com/ABILtweets
Just Vote Arizona Disability Coalition Website: www.jvadc.org

ABIL – VIRGINIA G. PIPER SPORTS
& FITNESS CENTER (SPFIT)
5031 E. Washington St.
Phoenix, AZ 85034
602-386-4566 (v)
Email: spofitinfo@abil.org
Website: www.spofit.org
Facebook: facebook.com/disabilitysportscenter

ABIL – CENTRAL OFFICE
1229 E. Washington St.
Phoenix, AZ 85034
602-296-0551 (v)
602-256-0184 (FAX)

ABIL – MESA OFFICE
2150 S. Country Club Dr., Suite 10
Mesa, AZ 85210
480-655-9750 (v)
480-655-9751 (FAX)

ABIL – WEST OFFICE
4136 N. 75th Ave., Suite 111
Phoenix, AZ 85033
602-424-4100 (v)
602-424-4118 (FAX)

ABIL – PGCSC HOME CARE SERVICES
8969 W. McCartney
Casa Grande, AZ 85194
520-424-2834 (v)
520-723-7767 (FAX)
Website: www.abil.org/Pinal-Gila

ABIL – DIRECT HOME CARE SERVICES
1023 N. Tyndall Ave.
Tucson, AZ 85719
520-561-8862 (v)
520-232-3682 (FAX)
Website: www.abil.org/Pima