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ABIL Mission Statement

ABIL offers and promotes programs designed to empower people with disabilities to take personal responsibility so that they may achieve or continue independent lifestyles within the community.
ABIL’s PAS program employed 1,962 personal care attendants who provided attendant care services to an average of 1,819 consumers.

Message from President & CEO and Board Chair

We are both so very pleased to bring you our 2012 annual report. We think you’ll agree that the spirit of Independent Living philosophy continues to shine bright at ABIL and is truly something to celebrate! Our programs continue to empower and inspire people with disabilities to live life to the fullest! A life where being in charge means controlling our own choices and destiny for living a rewarding and satisfying life.

As Congress declared in its 1978 Amendments to the Rehabilitation Act, “disability is a natural part of the human experience and in no way diminishes the right of individuals to live independently, enjoy self-determination, make choices, and contribute to society.” This is what independent living is all about: freedom to choose and be included. Our IL programs equip consumers with the tools to participate in all aspects of community life. Sometimes making these choices can be fearful and involve risk, but that’s the spirit of IL that we celebrate in this annual report. The spirit to challenge ourselves to do things that some may see as impossible!

Much has happened since we opened the Disability Empowerment Center (DEC) in 2008 and more recently the Sports & Fitness Center (SpoFit) in late 2011. We are just now beginning to witness the full impact of our original vision. Each day we see more and more people with disabilities come to the DEC and SpoFit to access the wide variety of programs and supports that are available from the eleven partner organizations. The collaborative spirit and energy of this partnership is truly something to celebrate!

Importantly, we would like to celebrate the spirit of our donors! We thank all of the individuals who donated
to our inaugural funding appeal to support the operation of the SpoFit. We deeply appreciate your supportive spirit and generosity, and hope you will continue to support these impactful programs. We also want to thank our many generous corporate supporters, too. We could not be successful without you!

Finally, we think you’ll agree that ABIL achieved much success worth celebrating in 2012. Our success, however, would not be possible without the enormous spirit and dedication of our Staff. On behalf of the Board of Directors and Staff, we hope this annual report gives you a glimpse of the impact that ABIL has made on the many lives of people with disabilities in our community. Our 31-year legacy is surely something to celebrate, as is the Independent Living SPIRIT!

Sincerely,

Phil Pangrazio, President & CEO
Lynn Larson, Board Chair
In 2003, Robert G. Mast passed away, leaving his home in Scottsdale, Arizona, to ABIL. Robert was a believer in the Independent Living philosophy and wanted the home to assist others with disabilities.

Since then, Mast House has been available to consumers for a maximum 8-week stay at a very affordable monthly rate. The transitional living program is designed to allow a consumer who is leaving a hospital or rehabilitation facility the time needed to make one’s own home or apartment accessible before returning.

In 2012, ABIL took on the arduous task of remodeling the home. The extensive project not only greatly enhanced the forty-year-old home, it incorporated a universal design that made the entire home accessible to individuals with disabilities. ABIL staff reached out to the community and received all materials, labor and furnishings at no cost. The total amount of donations exceeds $100,000.

George Lopez was injured in 2008. The 27-year-old Phoenix native has been an ABIL consumer and volunteer for the last four years. His family operates a painting/remodeling business. Joining others, George and his family participated in the remodeling project.

George’s story, like Mast House, is a perfect illustration of why ABIL is so meaningful to both the individuals we impact and the broader community. Our programs provide opportunities for individuals to become involved, promoting the independence of others as well as themselves.

“ABIL is an excellent organization, and I am honored to be part of it. I feel appreciated and special. Thank you, ABIL.”

– George Lopez
Through the Benefits Offset National Demonstration project (BOND), ABIL provided work incentives counseling to 388 beneficiaries and enhanced work incentives counseling and comprehensive employment services to 342 beneficiaries.

ABIL Board of Directors

Lynn Larson, Chair
Mary Slaughter, Vice Chair
Michael Somsan, Secretary
Steven Tait, Treasurer
Randall M. Howe,Immediate Past Chair
Jennifer Baynham
George Garcia
Surya-Patricia Lane Hood
Lynn C. Houston
F. Lee Jacquette
Max McQueen
Susan Scott
Asim Varma
Brad Wemhaner
James Winterton

ABIL Volunteers & Interns

Christopher Alvarez
Richard Amator
Benjamin Anderson
Kayla Anderson
Ariel Al
Wendell Barcelona
Nicole Berrios
Jim Bihn
Kelsey Bocken
Robert Bradford
John Brewer
Brittany Brizuela
Alex Brouwer
Benjamin Brouwer
Brooke Brown
Gordon Bugg
Ashley Bunting
Timothy Burdick
Scott Bywater
Marcia Campbell
Chris Carr
Jason Chang
Gloria Chavez Gaytan
Keely Chiou
Mykl Cook
Mary Coolman
Kenneth Cotton
Ebonie Coty
Jay Dashefsky
Cristol Davis
Aricia Davisson
Kimberly Dayton
Beth de Rivera
Annette Denny
Lindsey Dirks
Jeena Driscoll
Alina Echemendia
Shuli Finkelman
Tera Galindo
Vanessa Lee Gamm
George Garcia
Juan Garcia
Elizabeth Gentry
Kyla Getz
Shawn Gilbert
Kent Gooding
David Gordon
Annette Gray
Julie Greving
Katie Griffith
Toni Grimes
Spencer Habberman
Holly Hansen
Elizabeth Harris
Sue Hexum
Samantha Hill
Desirae Hopwood
Janene Hoskovec
Tina Houck
Michael Ingram
Mark Israel
Gary Juniel
Karin Kellas
Stephanie Kennedy
Alexander Konstantinov
Lea Laffartha
Ida Lee
Evan Malady
Dan Mannon
Sami McGinnis
Delise Means
Carmen Meyers
Bruce Mitchell
Teresa Moore
Michael Mulroy
Jodi Nett
Sal Nieto
Travis Oldhouser
Jaimie Oliger
Mitch Owen
Marti Papki
Hailey Partridge
Ann Patenaude
Jim Pearson
Jessica Pimentel
Harry Preston
Eva Proa
Grace Radoycich
Hector Ramirez
Maria Ramirez
Valentina Rawls
Kathryn Reichert
Laurie Reinig
Kendal Riddell
Natalie Rodriguez
Tricia Rutten
Anna-Lise Sanders
Dottie Sanderson
Marion Scalise
Gail Schabow
John Schabow
Michael Scheid
Sam Schmid
John Shorter
Mindy Shreeve
Morris Sirhan
Nate Skotak
Jodie Smith
Karen Spencer
Roy Stinson
Pat Stephan
Stephanie Studwell
Char Summerfield
Carrie Taylor
Donald Thomas
Kayla Uptain
Dan Vander Molen
Alvin Vulue
Laura Waller
Andy Webb
Blake Welch
Debbie Williams
Jerri Zimmerman
The SPIRIT of Serving - Our Consumers

### AGE

<table>
<thead>
<tr>
<th>Age Range</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages 5 – 19</td>
<td>3%</td>
</tr>
<tr>
<td>Ages 20 – 24</td>
<td>3%</td>
</tr>
<tr>
<td>Ages 25 – 59</td>
<td>43%</td>
</tr>
<tr>
<td>Age 60 and Older</td>
<td>51%</td>
</tr>
</tbody>
</table>

### GENDER

<table>
<thead>
<tr>
<th>Gender</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Females</td>
<td>55%</td>
</tr>
<tr>
<td>Males</td>
<td>45%</td>
</tr>
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### RACE AND ETHNICITY

<table>
<thead>
<tr>
<th>Race and Ethnicity</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Indian or Alaska Native</td>
<td>3%</td>
</tr>
<tr>
<td>Asian</td>
<td>3%</td>
</tr>
<tr>
<td>Black or African American</td>
<td>12%</td>
</tr>
<tr>
<td>Native Hawaiian or Other Pacific Islander</td>
<td>.5%</td>
</tr>
<tr>
<td>White</td>
<td>51%</td>
</tr>
<tr>
<td>Hispanic/Latino of any race or Hispanic/Latino only</td>
<td>25%</td>
</tr>
<tr>
<td>Two or more races</td>
<td>.5%</td>
</tr>
<tr>
<td>Race and ethnicity unknown</td>
<td>5%</td>
</tr>
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</table>
### DISABILITY

<table>
<thead>
<tr>
<th>Disability</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cognitive</td>
<td>9%</td>
</tr>
<tr>
<td>Mental/Emotional</td>
<td>17%</td>
</tr>
<tr>
<td>Physical</td>
<td>61%</td>
</tr>
<tr>
<td>Hearing</td>
<td>.5%</td>
</tr>
<tr>
<td>Vision</td>
<td>1%</td>
</tr>
<tr>
<td>Multiple Disabilities</td>
<td>7%</td>
</tr>
<tr>
<td>Other or Unknown</td>
<td>4.5%</td>
</tr>
</tbody>
</table>

*These demographics represent only those consumers having an open Consumer Service Record (CSR).

Learn more about our broader impact in the community on the following page.

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**Lives Impacted This Year**

4,082
The SPIRIT of Serving - Our Consumers (Continued)

Broader Impact

Each year, ABIL programs serve thousands of consumers in addition to those who have open Consumer Service Records. These programs include Information & Referral services, Advocacy assistance and the Sports & Fitness Center, among others.

ABIL staff fielded 8,304 Information & Referral requests. Our Advocacy Specialist provided services to 659 individuals.

In its first year, SpoFit served 754 members, and served an additional 550 individuals with disabilities attending the facility with a group or agency.

ABIL Employment Services (AES) screened, counseled or interviewed 443 individuals for employment services through the SSA Ticket to Work program.

The Empowering Youth Transition Program provided 86 interactive presentations and independent living skills workshops for 678 youth, their families and teachers.
The Socialization through Recreation program hosted 104 activities for consumers this year, with 180 new consumers and a total of 668 consumers served.
The SPIRIT of Giving-Friends of ABIL

$1-$99
Pamela Allan
*In memory of Dawn (Brophy) Cleveland
Anonymous
Ilan Baldinger
Grace M. Barthel
Sara Berg
Stan & Jill Brown
Glen Collier
Diana Coppola
Yoshiko S. Dart
Ann F. Davis
Michael & Julie Dillon
John & Connie Emminger
Stephanie Florez-Rodriguez
David & Gale Ann Galle
Gene Heppard
Adele Hodge
Jeff & Gwen Hoganson
Surya-Patricia Lane Hood
Josephine M. Hume
Valerie Iverson
Robert & Maureen Lenhart, Jr.
Jean L. Lind
Anne Z. Lougher
Max McQueen
Hugh & Gretchen Monthie
*In memory of Dawn (Brophy) Cleveland
Brent & Julie Osborn
NAMI Southeast Valley*
M. Pandit
Gerald & Judith Parker
Barbara Peacock
Natividad Pineda
Lisa Pozzoni
Felix & Melanie Sainz
John & Gail Schabow
Kim Schimmel
Dina R. Schulsinger
Sedona Vacation Rental
Herbert & Patricia Stephan
Janette Torres
Renée Tyree
Asim Varma
Ellen C. Young

$100-$249
Catherine Anaya
*In honor of Jennifer Longdon
Marc & Andrea Askinazi
Nancy Bertino
Keely Chiu
Kyle & Mattie Cummins
*In honor of George & Bobbie Smith
and Drs. Jason Smith & Ximena Gallardo
Gale M. Davidson
Vincent Driscoll
Jill Estep
Karla & Donna Guelich
William Harper
Miriam Hayenga
Deadra Heine
Richard & Judy Hightower, III
Honeywell Hometown Solutions
Employee Contributions
Lynn Houston
F. Lee Jacquette
Jennifer Klaasch
Patricia Konogeris
*In honor of Amina Kruck & Family
Kristine Kyllo
Jeanne M. Lane
ABIL Employment Services provided comprehensive employment services to 217 participants, with 83 SSA beneficiaries employed either full or part time.

$250-$499
- Ronald Brooks
- Evans Clagett
- Glenn Conover
- Dal-Kort Hart Creations, LLC
- Chuck & Heidi Ditsch
- John & Janet Evans
- Franklin & Diedra Freedman
- Lynn Larson
- Lance Marten
- Larry Marten
- Lovitt & Touché-Employee Contributions
- Bob Michaels
- Phil Pangrazio
- Kristen Salcito Brotz
- Sisterhood of Superwomen
- Steven Tait
- Kimberly Urick
- Michael Ray Wentzel
- James Wilkinson

$500-$999
- CalibeR Construction, Inc.
- Case Management Society of Central Arizona
- Cocopah Indian Tribe
- Cybex International
- Michael & Robin DeBell
- Jeffrey A. Gordon
- Candace S. Hammond
- Hanger Orthopedic Group Inc.
- Kutak Rock LLP
- Mike & Cynthia Watts
- Brad Wemhaner

*Mast House Community Champion
Peer mentors contributed 2,048 hours of one-on-one and group mentoring and advocacy to persons with a variety of disabilities.

Peer mentors and general volunteers donated 10,660 hours of service to ABIL.

$1,000-$2,499
Anonymous
Greg & Jennifer Baynham
Robert & Allison Bertrand
Dunlap & Magee
Property Management*
Robert Johnston*
Jerry Raddatz
Rehab Without Walls
J.E. & Anna Rheim
SAP Labs
The Ironman Foundation, Inc.
Vantage Mobility
International, LLC

$2,500-$4,999
Arizona Department of Veterans’ Services
Caleb Reese
The Pakis Family Foundation

$5,000-$9,999
Davignon Charitable Fund
Emerson Network Power
Safeway Inc.

The Surplus Line Association
The Virginia G. Piper Charitable Trust

$10,000-$14,999
Ingebritson Family Foundation

$15,000-$19,999
Arizona Community Foundation
Arizona Spinal Cord Injury Association

$20,000-$29,999
Bridgeway Health Solutions/ Centene LLC
Butler Family Foundation
Thunderbirds Charities

$30,000-$49,999
United States Olympic Committee

$50,000 or more
Barrow Connection, St. Joseph’s Hospital & Medical Center

*Mast House Community Champion
**In-Kind Donors**

**(Individuals)**
Jon & Deb Ashworth
Marc Askinazi
Dennis & Anja Benjamin
Todd Borgstadt
William Bro
Mary Carlson
Jo Crawford
Cybex International
Erika L. Feinberg*
Nancy Fladell
Gloria Garland
Lance Greathouse*
Kathy Hanners
Bert Hayenga
Gary & Dorothy Hershey*
Morgan Hirschi
Kenneth & Daniela Jacuzzi
Gary Kilanowski
George & Maria Lopez*
Marc Angel Martinez
Michael McLoed
Sandy Merimsky*
Jerry O’Connor
Carol Reynolds
Mary Russell
John & Gail Schabow
Jeff Schilsinger
Larry Serpa*
Katja Stokley
Brian Swanton*
Virginia Tannous*
Walter Tubilewicz
Loren Worthington

**(Businesses)**
Aloft Phoenix Airport Hotel
Arizona Cardinals
Barrow Connection, St. Joseph’s Hospital & Medical Center
Centiva Flooring*
Chick-fil-A Mesa Riverview
Desert Botanical Gardens
Gorman & Company, Inc.*
Hilton Cabinets*
Homes2Love*
House of Trophies*
Humana Inc.
Independence Home Remodeling Inc.*
iPic Theaters
Letter Suite Printing
Morataya’s Landscaping*
P.F. Chang’s
Paradise Bakery and Café
Phoenix Suns
Phoenix Zoo
Premier Lighting*
Residence Inn Marriott
Sherin Group LLC*
Spinato’s Pizzeria
Symbiu Medical
The Design Element Landscape Architecture*
The Hartford
Unique Patio Creations*
Wildlife World Zoo & Aquarium
William Ferrara General Contractors*

*Mast House Community Champion*
178 consumers received Options Counseling, representing 899 hours of one-on-one services.

**ABIL Programs and Services**

- Individual & Systems Advocacy
- Peer Support
- Information & Referral
- Independent Living Skills Training
- Early Intervention
- Reintegration from Nursing Homes
- Empowering Youth in Transition
- Home Modifications
The Reintegration to Community Living program helped 16 consumers in leaving nursing homes to experience less restrictive, more independent living arrangements.

Social and Recreational Opportunities

Employment Services

Work Incentives Consulting

Benefits 2 Work

ADA Services and Counsel

Personal Assistance Services

Sports & Fitness Center
# Revenue

## REVENUE BY SOURCE

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Virginia G. Piper Sports &amp; Fitness Center – Capital Campaign</td>
<td>$100,000</td>
</tr>
<tr>
<td>Virginia G. Piper Sports &amp; Fitness Center – Program/Operating</td>
<td>$205,632</td>
</tr>
<tr>
<td>U.S. Department of Education – Title VII Part C with ARRA</td>
<td>$523,655</td>
</tr>
<tr>
<td>Home Modifications – CDBG/ AHCCCS / ALTCS</td>
<td>$826,792</td>
</tr>
<tr>
<td>Valley of the Sun United Way (VSUW)</td>
<td>$99,598</td>
</tr>
<tr>
<td>Personal Assistance Services – AHCCCS / ALTCS / DDD</td>
<td>$31,473,629</td>
</tr>
<tr>
<td>Social Security Administration – Work Incentives Consulting</td>
<td>$827,057</td>
</tr>
<tr>
<td>Social Security Administration – Ticket to Work / Employment</td>
<td>$568,495</td>
</tr>
<tr>
<td>Rental Income</td>
<td>$412,253</td>
</tr>
<tr>
<td>Earnings on Investments</td>
<td>$130,945</td>
</tr>
<tr>
<td>Other Misc. Programs</td>
<td>$429,032</td>
</tr>
<tr>
<td><strong>TOTAL:</strong></td>
<td><strong>$35,597,088</strong></td>
</tr>
</tbody>
</table>
For the third year, ABIL provided free tax preparation for 125 individuals and generated $135,454 in refunds as a Volunteer Income Tax Assistance (VITA) site, in partnership with the City of Phoenix and IRS.

### Expenditures

#### EXPENDITURES BY PROGRAM

<table>
<thead>
<tr>
<th>Program</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advocacy / Independent Living / Community Integration</td>
<td>3.11</td>
</tr>
<tr>
<td>Home Modifications</td>
<td>2.19</td>
</tr>
<tr>
<td>Employment Services</td>
<td>1.36</td>
</tr>
<tr>
<td>SSA Work Incentives Consulting</td>
<td>2.24</td>
</tr>
<tr>
<td>Personal Assistance Services</td>
<td>86.59</td>
</tr>
<tr>
<td>SpoFit</td>
<td>2.20</td>
</tr>
<tr>
<td>All Other</td>
<td>2.31</td>
</tr>
<tr>
<td><strong>TOTAL:</strong></td>
<td><strong>100</strong>%</td>
</tr>
</tbody>
</table>
ABIL
ARIZONA BRIDGE TO INDEPENDENT LIVING

5025 E. Washington St., Suite 200, Phoenix, AZ 85034
602-256-2245 (v)
AZ Relay Service 7-1-1
1-800-280-2245 (toll-free)
602-254-6407 (fax)
Email: azbridge@abil.org
Website: www.abil.org
Facebook: facebook.com/ArizonaBridgetoIndependentLiving

Virginia G. Piper
Sports & Fitness Center
for Persons with Disabilities

5031 E. Washington St., Phoenix, AZ 85034
602-386-4566 (v)
Email: spofitinfo@abil.org
Website: www.spofit.org
Facebook: facebook.com/disabilitysportscenter

ABIL owns and operates the Disability Empowerment Center (DEC) and SpoFit.