Equal to the Task
Although David Martin was born with spina bifida, life-long disability doesn’t stop this 49-year old from pursuing his dreams of becoming a successful small-business owner, marrying the love of his life, and raising a family. David has owned and operated Martin’s Auto Repair, a business started in Phoenix, Arizona, by David’s father in 1971, for the past ten years. A devout husband of 21 years and a loving father to one daughter, David is also the Chairman of the Board for the Arizona Spina Bifida Association. David shares his attitude that has made him the successful man he is today, “As far as being in a chair, there are things to overcome, but with the right mind-set you can overcome anything. It really takes a strong will and a strong mind… but I always find a way to get over the challenges.” When he’s not lifting a wrench, you might find Dave lifting weights at the SpoFit.
ABIL offers and promotes programs designed to empower people with disabilities to take personal responsibility so that they may achieve or continue independent lifestyles within the community.
MESSAGE FROM THE President & CEO and Board Chair

We are both so very pleased to bring you our 2013 annual report. ABIL had another exciting year of delivering empowering programs to people with disabilities. Although we faced many challenges, our staff, Board, volunteers and consumers were ready, willing and always equal to the task!

For 32 years, ABIL has been a leader in disability advocacy. We are constantly working to remove barriers that otherwise prevent full access and participation for people with disabilities. As an organization run by and for people with disabilities, we remain committed to ensuring that the civil rights of every person are protected and respected.

This report will give you a glimpse of our advocacy in action! Throughout the year, we fought for issues like Medicaid expansion, increased public transportation, ratification of the United Nations Convention on the Rights of Persons with Disabilities, and reauthorization of the Rehabilitation Act.

Also, through a variety of partnerships, ABIL continues to offer many opportunities for learning and growth, such as the Health and Wellness Fair, the African American Conference, and the American Indian Disability Summit.

The SpoFit completed its second year of operation and has connected ABIL services to veterans with disabilities through the Wounded Warrior Project, as well as, many other great adaptive sports, fitness and aquatic programs for people with disabilities of all ages.

Under the Benefits Offset National Demonstration project, BOND, ABIL provided Work Incentives Consultation to 523 beneficiaries on SSDI, with 204 reporting employment. An additional 201 BOND consumers received employment services; 178 participated in comprehensive employment services, with 102 employed full or part time.
We also want to thank the many individuals that donated to our 2nd annual funding appeal to support the operation of the SpoFit. We deeply appreciate your generosity! Thanks also to our many corporate supporters. We could not be successful without you!

Finally, we think you’ll agree that ABIL has been equal to the task in delivering impactful programs in 2013. Our success, however, would not be possible without our advocates in action and the dedication of our Staff. On behalf of the Board of Directors, we hope this report demonstrates the impact that ABIL has made on the many lives of people with disabilities in our community.

Sincerely,

Phil Pangrazio, President & CEO
Lynn Larson, Board Chair
Advocacy is one of the four core services of any Center for Independent Living. ABIL coordinated and mobilized consumers and the community around a number of advocacy issues this year, including Medicaid Restoration and the U.N. Convention on the Rights of Persons with Disabilities. ABIL continues to provide the leadership and action imperative to preserving and promoting equality and opportunity.

**ABIL Successfully Advocates for AHCCCS (Medicaid) Restoration**

On May 15th, advocates across the state participated in a rally on the Arizona Senate lawn in support of Governor Jan Brewer’s plan to restore Medicaid funding to the Prop 204 eligibility levels. About 20 ABIL staff and volunteers participated in the rally with signs and loud cheers. For weeks, advocates had written emails and made phone calls and visits to their legislators to support Medicaid expansion to the full 133% of federal poverty level allowed under the new federal Affordable Care Act. ABIL was a strong supporter of Medicaid expansion because of the benefit to so many Arizonans with disabilities. Improved access to health care can prevent needless disability through prevention practices and help those living with chronic illness lead healthier lives. On June 13th, the Arizona Legislature concluded its business in a special session called for by Governor Jan Brewer and passed the Medicaid Restoration plan. On June 17th, Governor Brewer signed this historic legislation into law, which will restore coverage to thousands of childless adults who are now eligible for AHCCCS starting January 1, 2014.
United Nations Convention on the Rights of Persons with Disabilities (CRPD)

Some advocacy outcomes are a long time coming and take persistence on the part of the disability community. Disability advocates have been supporting the passage of the Convention on the Rights of Persons with Disabilities, CRPD, since President George W. Bush first agreed to the treaty, which requires ratification of the U.S. Senate by a 2/3 vote. This United Nations treaty is designed to advance disability rights on an international level, much as the ADA has done in the United States. Congressional and disability advocates had hoped to bring CRPD for a Senate vote in 2013, many participating in two Senate subcommittee hearings. We will continue to advocate with community partners to bring CRPD to the Senate floor for a vote and to convince Senator Flake to join Senator McCain and vote “yes” on CRPD in 2014!
As of December 2013, only 18.77% of people with disabilities were in the work force compared to 68.37% of those without disabilities. This figure has remained static for several decades even though new technologies and the growth of knowledge worker jobs have increased, creating more jobs that people with even the most significant disabilities are able to perform.

To partially address these sobering statistics, The Ticket to Work and Work Incentives Improvement Act of 1999 (P.L. 106-170) created new opportunities for those receiving Social Security Disability benefits to get the help they need to eliminate their dependency on these benefits by returning to self-supporting work and build toward a solid retirement. More than 13 million Americans have a Ticket to Work, with 200,000 in Arizona.

ABIL was one of the first employment services providers in the U.S. to open its doors for this program. Since the first tickets were mailed in 2002, ABIL has remained in the top 10 nationally among more than 600 providers nationwide. ABIL Employment Services has counseled more than 4,200 Arizona citizens with disabilities and has helped hundreds to find and sustain jobs.

JR Wilson is an example of how the Ticket to Work Program benefits people with skills and motivation to take charge of their own lives and their own careers like other adults. JR is 28 years old. When he was 12 years old, he sustained a permanent head injury due to a car accident. But he wanted to work. When he came to ABIL, his work history was limited. He was working a few hours a day for his Homeowners Association doing landscaping and irrigation. This experience fostered JR’s love of doing this type of work. He took his own initiative to become certified as a Master Gardener and Landscape Technician.

In August 2012, JR assigned his Ticket to Work with ABIL Employment Services. We continually gave him job leads, helped him learn how to apply for jobs and how to change his resumé to reflect each job for which he applied. Then in December 2012, JR started working at the Arizona Zoological Society (Phoenix Zoo) as an Irrigation Technician. JR loves his position at the Phoenix Zoo. He enjoys working around the animals in addition to the grounds.

JR demonstrates that working is not just about earning a paycheck. It is also how we feel worthwhile, establish social relationships, learn and grow. All of ABIL Employment Services staff have disabilities of our own and know first-hand all the values of working. Now, so does JR.
ABIL Employment Services (AES) screened, counseled or interviewed 322 individuals for employment services through the SSA Ticket to Work program.

AES provided 257 individuals with comprehensive employment services, with 144 beneficiaries working either full or part time.
BOARD of Directors

Lynn Larson, Chair
Mary Slaughter, Vice Chair
Michael Somsan, Secretary
Steven Tait, Treasurer
Randall M. Howe, Immediate Past Chair
Jennifer Baynham
George Garcia
Brett M. Heising
Surya-Patricia Lane Hood
Lynn C. Houston
F. Lee Jacquette
Thomas J. Mancuso
Max McQueen
Susan Scott
Asim Varma
Brad Wemhaner
James Winterton

Christopher Alvarez
Brent Amator
Bradley Anderson
Brandon Bailey
Courtney Barbour
Wendell Barcelona
Katie Beck
Susan Bengston
Jim Bihn
Robert Bradford
John Brewer
Brooke Brown
Ashley Bunting
Timothy Burdick
Brett Butler
Scott Bywater
Mykl Cook
Mary Coolman
Kenneth Cotton
Jay Dashefsky
Cristol Davis
Robert Davis
Aricia Davisson
Annette Denny
Beth deRivera*
Laurie Dettinger
Lindsey Dirks
Jeena Driscoll
Alina Echemendia
Sheila Ford
Tera Galindo
Juan Garcia
Pam Geer
Shawn Gilbert
Katie Griffith
Toni Grimes

Peer Mentor Volunteers (from left to right): Jack Schabow, Gail Schabow, April Reed (Volunteer Coordinator), Karin Kellas, and Annette Denny
Peer mentors and general volunteers donated **12,867 hours** of service to ABIL.

| Kiernan Grotheer | Levente Mihaly | Sam Schmid |
| Spencer Haberman | Bruce Mitchell | Betty Schoen |
| Margaret Harden | Mike Mulroy | John Shorter |
| Elizabeth Harris | Jodi Nett | Brehani Sikkema |
| Desirae Hopwood | Sal Nieto | Nate Skotak |
| Monica Idstein | Jaimie Olier | Hans Smith |
| Mark Isreal | Sarah Olson | Jodie Smith |
| Erik Jensen | Mitch Owen | Karen Spencer |
| Mark Jones | Hailey Partridge | Pat Stephan |
| Gary Juniel | Ann Patenaude | Allison Summerday |
| Kara Kahnke | Jim Pearson | Char Summerfield |
| William Kane | James Petersen | Tim Surry |
| Karin Kellas* | Ricardo Phelps | Carrie Taylor |
| Stephanie Kennedy | Harry Preston | Donald Thomas |
| Jesse Klimek | Eva Proa | Mary Turner |
| Alex Klug | Grace Radoycich | Dan VanderMolen |
| Sasha Konstantinov | Hector Ramirez | Alvin Vulue |
| Cynthia Kraft | Maria Ramirez | Mike Waszak |
| Lea Laffartha | Valentina Rawls | Andy Webb |
| Ida Lee | Kathryn Reichert | Cees Whisonant |
| Hanna Lev | Laurie Reinig | Shae Whitman |
| David Lloyd | Amanda Ries | Debbie Williams |
| Evan Malady | Daniel Roberts | Ida Zamora |
| Daniel Mannon | Tricia Rutten | Anne Margaret Zazycki |
| Sami McGinnis | Dottie Sanderson | Jerri Zimmerman |
| Delise Means | Marion Scalise | Kenny Zinke |
| Carmen Meyers | Gail Schabow |  |
| Louise Meyers | Jack Schabow |  |

*In Loving Memory*
Serving our Consumers

### AGE

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages 5 – 19</td>
<td>2%</td>
</tr>
<tr>
<td>Ages 20 – 24</td>
<td>3%</td>
</tr>
<tr>
<td>Ages 25 – 59</td>
<td>49%</td>
</tr>
<tr>
<td>Age 60 and Older</td>
<td>46%</td>
</tr>
</tbody>
</table>

### GENDER

<table>
<thead>
<tr>
<th>Gender</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Females served</td>
<td>55%</td>
</tr>
<tr>
<td>Males served</td>
<td>45%</td>
</tr>
</tbody>
</table>

### RACE AND ETHNICITY

<table>
<thead>
<tr>
<th>Race and Ethnicity</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Indian or Alaska Native</td>
<td>2%</td>
</tr>
<tr>
<td>Asian</td>
<td>4%</td>
</tr>
<tr>
<td>Black or African American</td>
<td>12%</td>
</tr>
<tr>
<td>White</td>
<td>53%</td>
</tr>
<tr>
<td>Hispanic/Latino of any race or Hispanic/Latino only</td>
<td>26%</td>
</tr>
<tr>
<td>Two or more races</td>
<td>1%</td>
</tr>
<tr>
<td>Race and ethnicity unknown</td>
<td>2%</td>
</tr>
</tbody>
</table>

### DISABILITY

<table>
<thead>
<tr>
<th>Disability</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cognitive</td>
<td>10%</td>
</tr>
<tr>
<td>Mental/Emotional</td>
<td>18%</td>
</tr>
<tr>
<td>Physical</td>
<td>62%</td>
</tr>
<tr>
<td>Hearing</td>
<td>1%</td>
</tr>
<tr>
<td>Vision</td>
<td>1%</td>
</tr>
<tr>
<td>Multiple Disabilities</td>
<td>6%</td>
</tr>
<tr>
<td>Other</td>
<td>2%</td>
</tr>
</tbody>
</table>

*These demographics represent only those consumers having an open Consumer Service Record (CSR).

Learn more about our broader impact in the community on the following page.
ABIL’s Personal Assistance Services (PAS) program employed as many as 2,071 personal care attendants who provided attendant care services to an average of 1,859 consumers.

4,833 consumers served

*This number represents the number of consumers served through a CSR, or Consumer Service Record. Demographic percentages represent those consumers served through a CSR.

Many more consumers received services through ABIL:

7,252 consumers received Information & Referral Services

5,380 consumers attended other ABIL programs and events

4,725 community members attended presentations provided by ABIL in the community

1,075 members were involved in SpoFit, with an additional 1,500 participating in special events and tournaments

Program participation highlights:

Early Intervention – 508 newly-injured consumers contacted/visited

Empowering Youth – 749 youth experienced interactive IL workshops

African American Conference – 264 attendees

Volunteer Income Tax Assistance – 132 individuals assisted with taxes

Volunteers and Interns – 67 volunteers and interns gained experience at ABIL

Get Out the Vote – 96 people were assisted to register to vote

Pre-Retirement Conference – 60 attendees

Advocacy – 630 individuals received 1-to-1 assistance with advocacy issues

Reintegration – 16 consumers were assisted in leaving nursing homes

Home Modification – 203 consumers received home modifications to increase independence
2013 Monetary Donors

$1-$99
Kevin Ames
Denise M. Blommel
Christina Bos
Stan and Jill Brown
Bill Bruno
Karen Christiana
Jim and Kirsten Clifford
Diana Coppola
Donna L. Creighton
Kathleen Dardis
Joel Dembowski-
  In memory of Alex Heide
Christopher Di Virgilio
Abbie Fink
Peter Fischer
Franklin and Diedra Freedman
Suzanne M. Galjour
Gannett Foundation
Gabriel Gerbic
Great American Title
Outreach Program
Antoinette B. Grimes
Wendy J. Hawkins
Tony Jackson
Janet Lake
Mark Lescue
Greg Levin-
  In memory of Alex Heide
Max McQueen
Kathleen Mead-
  In memory of Alex Heide
Sizuko R. Mowen
Sarah Olson
Hugh Orr-
  In memory of Scott Bundy
Gerald and Judith Parker
Rio Salado Division of
  Public Services-
  In memory of Ruth Hoxie
Rosalie Perry
Laurie Reinig-
  In memory of Karin Kellas
James and Anna Rheim
Katherine L. Roberts
Robert Rose-
  In memory of Alex Heide
Betty Schoen
Marty Stahl
Sun Sounds of Arizona-
  In memory of Ruth Hoxie
Tim Surry
Leah Trinidad
Derek Walsh
Patricia Winner

$100-$249
Airpark Signs & Graphics
Aloft Phoenix Airport
Mark and Laureen Besek
David Bruce-
  In memory of Scott Bundy
Dana Burkhardt
Robert and Cynthia Burkhardt
Columbia Southern University
Jennifer Crandall
Sheldon and Randy Dashefsky
Ann F. Davis
David and Barbara Ells
Connie Emminger
Nancy Engstrom
John and Janet Evans
Garrett/AiResearch Retirees’
  Club of Arizona
Karl and Donna Guelich
John and Melinda Gulick
F. Lee Jacquette
Dr. Andrew and Mary Kaplan
Daniel and Stacia Kurtenbach-
  On behalf of Sandra Thoma

Kristine Kyllo
Joan Long
Sami McGinnis
Pam McNamara
Regina Mitzel
MobiSquad LLC
Lynette Murphy
Ed Myers
Jennifer Nordine
Brent and Julie Osborn
William and Janet Putnam
William E. Sassaman
Susan Scott
Mary Slaughter
Jason Strowmatt
Barbara J. Whitlow
Celeste Winters

$250-$499
Wendell Scott Abell
Marc and Andrea Askinazi
Brad and Ashley Bridwell
Golf for Cause
Jill Estep
Shanna M. Franks
Jennifer Klausch
Lynn Larson
Lance A. Marten
Larry Marten
Bob Michaels
Gayle Nobel
Nothing But Net
Phil Pangrazio
Aimee Piller
Krista Schwartz
Barbara Scruggs
Ronald L. Stearns
James and Tawna Wilkinson
Loren Worthington
The Socialization through Recreation program provided programs and activities for 121 new consumers, with a total of 528 consumers served. Volunteers contributed 284 volunteer hours.

$500-$999
ABC Home Medical
Greg and Jennifer Baynham
Brad and Kathryn Beckmann
Brightstar Care of Phoenix
CJ White Foundation
Cyberitas Enterprises-
In memory of Scott Bundy
Michael and Robyn DeBell
Kent Gooding
Honeywell Hometown Solutions- Employee Contributions
Tom and Amina Kruck
Kutak Rock LLP
Scott and Megan Lavinia
Kathi Miller
Push America
Donald and Thekla Shackelford
Gail A. Smith-
In memory of Beth deRivera
Steve Tait
Touchstone Rehabilitation
Brad Wemhaner
Easaw Williams

$1,000-$2,499
Arizona Governor’s Council on Spinal & Head Injuries
Cybex
Disabled American Veterans
GNC
Gorilla Capital
Hanger Clinic
K2 Adventures Foundation
Lovitt & Touché Inc.
Ottobock
Presidential Pools & Spas, LLC
Rainbow Air Conditioning, Inc.
Rehab Without Walls
SAP Labs
The Columbus Foundation
The FAST Foundation
The USAA Foundation, Inc.
USA Triathlon

$2,500-$4,999
Arizona Community Foundation
Jewish Communal Fund

$5,000-$9,999
Bank of America
Bridgeway Health Solutions/ Centene LLC
Butler Family Foundation
Desert Schools Federal Credit Union
Dr. Wayne and Judy Kuhl
The Edward & Verna Gerbic Family Foundation
The Surplus Line Association of Arizona Foundation
Vantage Mobility International, LLC

$10,000-$14,999
Davignon Charitable Fund
The Ingebritson Family Foundation

$15,000-$19,999
Arizona Spinal Cord Injury Association
MaxInMotion Foundation
United States Olympic Committee

$20,000-$29,999
Thunderbirds Charities

$50,000-$99,999
Barrow Connection, St. Joseph’s Hospital & Medical Center

$100,000-$199,999
The David E. Reese Family Foundation

$200,000+
Wounded Warrior Project
2013 In-Kind Donors

**Individuals**
Joyce Baum  
Nancy Bertino  
Bob Bocken  
Bennie Carrillo  
Donna Diede  
Sharon L. Dine  
Tony DiRienzi  
Mike and Marietta Kaiser  
Allison Kaufman  
David Lloyd  
Gilbert Lucero  
Jeff Lycans  
Carol Markley  
Samuel Martinek  
Marietta Moravetz  
Barbara Najarian  
Carolan Quenneville  
Vicky Rozich  
Lionel Sanchez  
Krystal Schmier  
Jack Stermer  
Paul Tillson  
Larry Tuscano  
Don Warwick  
Susan Webb  
Candace Wilkinson  

**Businesses**
Airpark Signs & Graphics  
AMC Mesa Grand 24  
Arizona Cardinals  
Arizona Diamondbacks  
Arizona Spinal Cord Injury Association  
Big 5 Sporting Goods  
Brain Injury Alliance of Arizona  
Chick-fil-A Chandler Festival  
Chipotle  
Coca-Cola Refreshments-Donations Phoenix  
Cousins Subs  
Fitness Fest  
Fry’s Food Stores  
Golfland Sunsplash  
Hensley Beverage Company  
Longbow Golf Course  
Massage Envy Spa  
Paradise Bakery and Café  
PGA Tour Superstores  
Phoenix International Raceway  
Phoenix Suns  
SAAVI  
Tempe Mission Palms  
The Healing Feeling, LLC  
Thirsty Lion Pub & Grill  
Torreon Golf Club  
Vestar  
Yard House Restaurants
ABIL Programs and Services

Individual & Systems Advocacy
Peer Support
Information & Referral
Independent Living Skills Training
Early Intervention
Reintegration from Nursing Homes
Empowering Youth in Transition
Home Modifications

Social and Recreational Opportunities
Employment Services
Work Incentives Consulting
Benefits 2 Work
ADA Services and Counsel
Personal Assistance Services
Sports & Fitness Center
SpoFit is a designated Program Provider for Wounded Warrior Project, a Silver Sneakers program provider, and a designated Paralympic Sport Club.

### REVENUE BY SOURCE

<table>
<thead>
<tr>
<th>Source</th>
<th>Revenue</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Virginia G. Piper Sports &amp; Fitness Center (SpoFit)</td>
<td>$ 495,666</td>
</tr>
<tr>
<td>U.S. Department of Education – Title VII Part C with ARRA</td>
<td>$ 509,820</td>
</tr>
<tr>
<td>Home Modifications – Community Development Block Grants (CDBG)</td>
<td>$ 180,927</td>
</tr>
<tr>
<td>Home Modifications – AHCCCS / ALTCS Long Term Care Plans</td>
<td>$ 880,382</td>
</tr>
<tr>
<td>Valley of the Sun United Way (VSUW)</td>
<td>$ 88,790</td>
</tr>
<tr>
<td>Personal Assistance Services – AHCCCS / ALTCS Program Contracts</td>
<td>$ 32,088,610</td>
</tr>
<tr>
<td>PAS – AZ Department of Economic Security / DDD</td>
<td>$ 792,381</td>
</tr>
<tr>
<td>Social Security Administration – Work Incentives Consulting</td>
<td>$ 384,800</td>
</tr>
<tr>
<td>Social Security Administration – Ticket to Work/Employment</td>
<td>$ 298,673</td>
</tr>
<tr>
<td>Rental Income</td>
<td>$ 416,050</td>
</tr>
<tr>
<td>Earnings on Investments</td>
<td>$ 558,145</td>
</tr>
<tr>
<td>All Other</td>
<td>$ 223,239</td>
</tr>
<tr>
<td><strong>TOTAL:</strong></td>
<td><strong>$ 36,917,483</strong></td>
</tr>
</tbody>
</table>
SpoFit has provided 193 veterans with SpoFit memberships, including services for their families.

Expenditures

<table>
<thead>
<tr>
<th>Expenditures by Program</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Independent Living Services</td>
<td>1.86%</td>
</tr>
<tr>
<td>Home Modifications</td>
<td>2.82%</td>
</tr>
<tr>
<td>Employment Services</td>
<td>1.46%</td>
</tr>
<tr>
<td>Personal Assistance Services</td>
<td>84.20%</td>
</tr>
<tr>
<td>The Virginia G. Piper Sports &amp; Fitness Center (SpoFit)</td>
<td>2.65%</td>
</tr>
<tr>
<td>Social Security Work Incentives Consulting</td>
<td>0.68%</td>
</tr>
<tr>
<td>All Other</td>
<td>6.33%</td>
</tr>
<tr>
<td><strong>TOTAL:</strong></td>
<td><strong>100%</strong></td>
</tr>
</tbody>
</table>

Audited Financial Statements Available Upon Request
ABIL owns and operates the Disability Empowerment Center (DEC) and SpoFit.