Commitment to the Core

ABIL

2014 Annual Report

Independent Living Skills

Information & Referral

Transition

ADVOCACY

peer support
Mission

ABIL offers and promotes programs designed to empower people with disabilities to take personal responsibility so that they may achieve or continue independent lifestyles within the community.

our Programs

ABIL accomplishes its mission through offering the 5 CORE SERVICES provided by all Centers for Independent Living, as well as a variety of other programs and services that promote the independence and self-sufficiency of people with disabilities.

Advocacy
Peer Support
Information & Referral
Independent Living Skills
Transition

Personal Assistance Services
Sports & Fitness Center
Home Modifications
Employment Services
Work Incentives Consulting
Benefits 2 Work

Reintegration from Nursing Homes
Early Intervention
Empowering Youth
Social and Recreational Opportunities
ADA Services and Counsel
We are both so very pleased to bring you our 2014 annual report. ABIL had another outstanding year of delivering empowering programs to people with disabilities. For 33 years, ABIL’s core services and programs have become a household name for those we serve. Programs like Peer Support, Independent Living Skills, and Information & Referral have long been known as the backbone of what ABIL does.

These programs have earned the respect of our community and created a vision for what a community can be and how it should include people with disabilities. A community that respects diversity and embraces change! A community where dignity, equality, access, empowerment and choice exists for all persons with disabilities!

But this vision is meaningless without a commitment to core values as well. In fact, this vision will never be fully realized until we achieve full and equal rights for all persons with disabilities.

ABIL’s commitment to realizing this vision has never been stronger. Our staff and Board are deeply committed to promoting and sustaining Independent Living Philosophy through advocacy and peer support. We believe in self-determination, consumer choice and control, and an individual’s right to make informed decisions regarding his or her best interests in all aspects of community life.

As an organization run by and for people with disabilities, we will always remain committed to ensuring that the civil rights of every person are protected and respected. We believe this report will give you a glimpse of our commitment to these core values and programs.

We also want to thank the many individuals and corporations that donated to ABIL’s 3rd annual funding appeal to support the operation of the SpoFit. We deeply appreciate your generosity!

Finally, we hope this report demonstrates the commitment that ABIL has to improving the lives of people with disabilities. Our thanks to all of ABIL’s great staff and volunteers that make this happen!

Sincerely,

Phil Pangrazio, President & CEO
Mary Slaughter, Board Chair
Mary Slaughter, *Chair*
Brad Wemhaner, *Vice Chair*
Michael Somsan, *Secretary*
Jennifer Baynham, *Treasurer*
Lynn Larson, *Immediate Past Chair*

Ashley Bridwell
George Garcia
Brett M. Heising
Randall M. Howe
F. Lee Jacquette

Thomas J. Mancuso
Rodrigo Olivares
Andrew Reilly
Susan Scott
Asim Varma
Jim Winterton
CONNECTING consumers with community resources, agencies, programs, and services that can help them live independently. ABIL employs a full-time I&R Coordinator.

EDUCATING consumers through one-on-one and group independent living skills training to assist them in achieving their independent living goals. ABIL’s Independent Living Advocates provide IL services to an average of 90-100 consumers per month.

ABIL staff responded to 7,327 Information & Referral requests for a variety of issues related to living with a disability.
Transition

FACILITATING the transition of nursing home residents to home and community-based options and of youth graduates to postsecondary, adult life; and ASSISTING those who are at risk of entering institutions so that they may remain in the community. ABIL has a number of programs that address the many phases of transition, such as Reintegration from Nursing Homes, Empowering Youth in Transition and Personal Assistance Services.

Our Independent Living Skills program facilitated 587 individual IL Skills training sessions and 16 group IL Skills classes. ABIL’s Independent Living team works with 90 - 100 consumers monthly.

The Reintegration to Community Living program helped 18 consumers to move out of nursing homes to experience less restrictive, more independent living arrangements.
SUPPORTING consumers through trained peer mentor volunteers who have successfully navigated their own journey to independence and can provide mentoring and support to others. Individual and group instruction, coaching and support was provided by 37 ABIL peer mentors.

TEACHING consumers how to advocate for themselves and others and AFFECTING change through community and systems advocacy. In addition to working with individuals on their specific advocacy needs, ABIL offered 29 advocacy and community resource workshops for 390 participants.

Through ABIL’s This Is My Life (TIML) program, 103 DDD consumers received group self-advocacy trainings, and 82 received group self-determination trainings.

ABIL Peer Mentors and Volunteers contributed 14,293 hours of service in 2014. This represents 37 peer mentors and 124 volunteers and interns.
ABIL’s Benefits 2 Work Arizona program provided work incentives consulting services to a total of 823 Social Security SSI and SSDI beneficiaries.

ABIL Employment Services (AES) enrolled 66 new consumers in the Ticket to Work program and provided 297 individuals with comprehensive employment services.

Through the Benefit Offset National Demonstration Project (BOND), ABIL provided 745 beneficiaries with work incentives counseling and enhanced employment services.
$1-$99
Amazon Smile Foundation
Mori Ament
Martin Barczykowski-
  In memory of Evelyn Rojas
Sara L. Berg
Christina Bos
Margaret Boyer
Armando Cachuela
Diane Carter
M. V. Chmaj
Morgan Kendall Codrington
Diana Coppola
Terry and Julie Cottington
Sheldon and Randy Dashefsky
Kathleen M. Davidson
Michael Dunn
Nancy E. Engstrom
Dave and Gale Ann Galle
Carin Jane Gole-Roche
Steve and Sharon Hagar-
  In memory of Evelyn Rojas
Jaime Hailer
Wendy J. Hawkins
Rebecca M. Hults
Erika D. Jahneke
Marissa Lynn Johnson
Kim King
Mary W. King
Marjorie Klein
Jean L. Lind
Anne Z. Lougher
Mark Mahalik
Mark Mankuso III
Timothy and Barbara McDonald
Elizabeth Mezinko
Mile High United Way
Mondelez International Foundation
Melanie K. Nielia
Nancy L. Oreshack
Gerald M. Parker
Michael Pierson
Cheryl Rubbelke
Brian Smith
Rhonda Smith
Robert Solecki
Kevin and Rebecca Spence
Rebecca M. Stingle
Tim Surry
Elaine Waszak
Barbara Whitlow
Tiffany Wilkinson
Cassandra Williams
$100-$249
Airpark Signs & Graphics
Christi Bocker
Rhett and Kay Butler
Anna Cochran
Columbia Southern University
Jennifer Crandall
Ann Faith Davis
Angela DeRosa
Vincent Driscoll
David and Barbara Ells
John and Janet Evans
Joanne B. Flater
Pam Geer
Eugene Heppard
Jeff and Gwen Hoganson
Nancy Jones
Gary Karp
Kristine M. Kyllo
Cheryl Lang
Sami McGinnis
Jenny Nordine
Brent and Julie Osborn
Michael Parkin
Missy Powers
Catherine M. Rollins
Carliann Roskom
Susan Scott
Mary Slaughter
Gail A. Smith-
  In memory of Beth deRivera
Jason Strowmatt
Carly Sung
Marcy Tai
Maggie Tennessen
Charles M. Thomas
Anne Unverazgt-
  In honor of David and Weezie Reese
Sheila Walrath
Martin and Lois Wienshienk
Will2Walk Foundation
Jim Winterton
Harry P. Wolfe
$250-$499
ABC Home Medical
Paul R. Anderson-
  In memory of Beth deRivera
Glen R. Bachmann
Jennifer Baynham
Feng Chiou
General Mills Your Cause, LLC
Clifford Heide
Christine Johnston
Jennifer Klauchie
Tom and Amina Kruck
Lynn Larson
William and Lois Lewandowski
Lance A. Marten
Larry Marten
Bob and Ginger Michaels
Paul and Lynette Murphy
Renée K. Otte
Push America
Michael G. Rollins
Susan and Louis Salamone-
In honor of Jennifer Chaillie
John H. and Trisha
Schwabacher-
In honor of David & Weezie Reese
Silicon Valley
Community Foundation
Ron Stearns
The Franklin County
Quilters’ Guild
The Letter Suite, Inc.
Vantage West Credit Union-
On behalf of Sooie Marin,
Secretary, Vantage West
Credit Union Board of Directors
James and Tawna Wilkinson
Loren and Karla Worthington

$500-$999
Ability Center
Boys Team Charity,
Camelback League
Boys Team Charity,
Roadrunner League
Nancy B. Dickinson
Shanna M. Franks
Brett Heising
Honeywell Hometown Solutions
Kutak Rock LLP
Janette R. Lawrence
Steve and Katrina Lee
John and Kathi Miller
Phil Pangrazio
Presidential Pools & Spas, LLC
Laura Wehler
Brad Wemhaner

$1,000-$2,499
Arizona Governor’s Council
on Spinal and Head Injuries
Boys Team Charity,
Cactus League
Charles and Nancy Brickman
CJ White Foundation
DMB Associates, Inc.
Fennemore Craig Foundation
Phil and Juanita Francis
Intel Volunteer Grant Program
Lisa. B. Lumbard
Neurological
Rehabilitation Arizona
RED Development LLC
Snell & Wilmer LLP
United Healthcare
United States Olympic
Committee USA Triathlon
Village Health Clubs & Spas
VMI Mobility Center

$2,500-$4,999
Black Legacy Endowed Fund
Courtesy Chevrolet
Dr. Wayne and Judith Kuhl
William and Mary Kay Post
Rehab Without Walls
The Charro Foundation
The Shackelford
Family Foundation

$5,000-$9,999
Arizona Coyotes Foundation
Bank of America
Bridgeway Health
Solutions/Centene LLC
Butler Family Foundation
Carstens Family Funds
Jewish Communal Fund
Lovitt & Touché Inc.
Phoenix Suns Charities
The Dorrance Family Foundation
The Surplus Line Association
of Arizona Foundation

$10,000-$14,999
Arizona Spinal Cord
Injury Association
Davignon Charitable Fund
Rhett D. Reese
Robert and Mary Ward
Jim and Sylvia Whitehead

$20,000-$29,999
Fiesta Bowl Charities
MaxInMotion Foundation
The Ingebritson
Family Foundation

$30,000-$49,999
Dignity Health

$50,000-$99,999
Globe Foundation

$100,000-$199,999
The David E. Reese
Family Foundation

$200,000+
Cowin Charitable Trust
Wounded Warrior
Project Foundation
The Empowering Youth in Transition Program provided interactive presentations and independent living skills workshops for 150 youth, their families and teachers.
In its third year, ABIL’s Sports & Fitness Center (SpoFit) served 1,442 members, and served an additional 1,455 individuals attending the facility with a group or agency.
### REVENUE BY SOURCE

<table>
<thead>
<tr>
<th>Source</th>
<th>Revenue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sports &amp; Fitness Center (SpoFit)</td>
<td>$ 854,198</td>
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<tr>
<td>U.S. Department of Education Title VII Part C with ARRA</td>
<td>$ 484,681</td>
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<tr>
<td>Home Modifications – Community Development Block Grants (CDBG)</td>
<td>$ 148,300</td>
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<tr>
<td>Home Modifications – AHCCCS/ALTCS Long Term Care Plans</td>
<td>$ 614,549</td>
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<tr>
<td>Valley of the Sun United Way (VSUW)</td>
<td>$ 70,225</td>
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<tr>
<td>Personal Assistance Services AHCCCS / ALTCS Program Contracts</td>
<td>$ 34,123,368</td>
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<tr>
<td>PAS – AZ Department of Economic Security / DDD</td>
<td>$ 894,346</td>
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<tr>
<td>Social Security Administration Work Incentives Consulting</td>
<td>$ 556,155</td>
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<tr>
<td>Social Security Administration Ticket to Work/Employment</td>
<td>$ 378,663</td>
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<tr>
<td>Rental Income</td>
<td>$ 405,239</td>
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<tr>
<td>Earnings on Investments</td>
<td>$ 1,944,979</td>
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<tr>
<td>Bank Loan Debt Forgiveness/Tax Credit Program</td>
<td>$ 3,873,600</td>
</tr>
<tr>
<td>All Other</td>
<td>$ 316,856</td>
</tr>
</tbody>
</table>

**TOTAL:** $ 44,665,159

### EXPENDITURES BY PROGRAM

<table>
<thead>
<tr>
<th>Program</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Independent Living Services</td>
<td>2.55%</td>
</tr>
<tr>
<td>Home Modifications</td>
<td>1.85%</td>
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<tr>
<td>Employment Services</td>
<td>1.01%</td>
</tr>
<tr>
<td>Personal Assistance Services</td>
<td>82.31%</td>
</tr>
<tr>
<td>Sports &amp; Fitness Center (SpoFit)</td>
<td>4.03%</td>
</tr>
<tr>
<td>Social Security Work Incentives Consulting</td>
<td>1.46%</td>
</tr>
<tr>
<td>All Other</td>
<td>6.79%</td>
</tr>
</tbody>
</table>

**TOTAL:** 100%

*Audited Financial Statements Available Upon Request*

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**ABIL’s Personal Assistance Services (PAS) program** employed as many as 2,233 personal care attendants who provided attendant care services to an average of 1,920 consumers monthly. This program provides in-home services to seniors and people with physical and developmental disabilities that might otherwise be at risk of living in a nursing home.
ABIL Served 10,264 Consumers in 2014

**DISABILITY**

- Cognitive: 11%
- Mental/Emotional: 12%
- Physical: 65%
- Hearing: 1%
- Vision: 1%
- Multiple Disabilities: 8%
- Other: 2%

**GENDER**

- Male: 43%
- Female: 57%

**AGE**

- Ages 5-19: 48%
- Ages 20-24: 5%
- Ages 25-59: 4%
- Ages 60+: 43%