

COMMUNITY INTEGRATION

YOUR PATH TO INDEPENDENCE



ABILITY360

ADVOCACY | INDEPENDENCE | EQUALITY

**YOUR LIFE...
YOUR CHOICES...
YOUR PATH TO
INDEPENDENCE**

Ability360 Community Integration (CI) programs offer something for everyone, with empowerment, independence, self-determination and consumer choice at the heart of all programs. For more information on CI programs and services, call us at (602) 256.2245.



**INDEPENDENT LIVING
SKILLS INSTRUCTION**

Provides training, resources and information on a one-to-one basis or in group workshops. Sample topics include budgeting, transportation skills, self-advocacy, cooking and communication.

REINTEGRATION

Provides support to persons with disabilities age 64 and younger to gain the confidence, knowledge and resources necessary to move from a nursing home to more independent living options of their choosing.

EARLY INTERVENTION

Provides services, education and peer support to newly-injured persons and their families. Services are designed to identify and meet needs in five areas, including physical, cognitive, emotional, social and adaptive needs.



HOME MODIFICATION

Assists people with disabilities who need modifications to their residence that will improve the accessibility and safety of the home.

COMMUNITY LIVING OPTIONS

Provides independent living skills and instruction to persons with developmental disabilities who are ineligible for state and federal support services.

**EMPOWERING YOUTH
IN TRANSITION**

Assists students ages 14-22 to transition from high school to community life, including the exploration of community resources and skill instruction leading to increased independence.

INFORMATION & REFERRAL

Provides individuals and families with information and referrals related to a variety of community resources such as housing, employment, transportation, health, assistive technology and more. Ability360 also operates a Loan Closet, which can provide durable medical equipment at no cost for a maximum of 90 days.

Phone: (602) 296.0536



**SOCIALIZATION
THROUGH RECREATION**

Offers opportunities to meet new people, develop interpersonal skills, gain self-confidence, and most of all, to have fun! Events take place at Ability360 and locations in the community.



ABOUT ABILITY360...

Ability360 is a non-profit 501(c)(3) organization and the largest Center for Independent Living in Arizona.

Since 1981, Ability360 has offered a wide variety of empowering programs, including: Advocacy; Information & Referral; Independent Living Skills; Peer Support; Home Care Services; Employment; Home Modification; Early Intervention; Reintegration; and Sports, Fitness & Recreation.

OUR MISSION

Ability360 offers and promotes programs designed to empower people with disabilities to take personal responsibility so that they may achieve or continue independent lifestyles within the community.

ABILITY360 CENTER

Ability360 and Ability360 Sports & Fitness Center are co-located with 11 other disability services organizations on the Ability360 Center campus at 50th St. and Washington in Phoenix.

5025 E. Washington St.
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All Ability360 locations are fragrance-free, tobacco-free environments. Please do not wear scented products or smoke when visiting any of our offices, programs or events.

Alternate format materials available upon request.